

# THE WAY YOU ARE

**MUSIC:** The Way You Are by Esta (Homeland CD single, available from John Robinson). **SEQUENCE:** Begin on first verse after 48 count intro; 8-count tag after 1st and 3rd repetitions (both times you will be facing 6:00).

**COUNTS**  
64

**LEVEL**  
INT



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- R TOUCH OUT-IN-STEP SIDE, L SAILOR TURNING 1/4 LEFT, WALK FORWARD R-L, R KICK & L TOUCH BACK
- 1&2 **Out-in-step** Touch R toe to right side (1), Touch R next to L (&), Step R to right side (2)
- 3&4 **Sailor turn** Step ball of L behind R turning 1/4 left (9:00) (3), Step R forward shoulder-width apart from L (&), Step L forward shoulder-width apart from R (4)
- 5,6 **Walk, walk** Step R forward (5), Step L forward (6)
- 7&8 **Kick-touch back** Kick R forward (7), Step R next to L (&), Touch L toe back (8)
- TURN 1/4 LEFT MOVING HIPS L-R, SHAKE HIPS LEFT, R DIAGONAL STEP FORWARD, L LOCK & L LOCKING TRIPLE FORWARD
- 1,2 **Hip, hip** Turn 1/4 left (6:00) moving hips left (1), Move hips right (2)
- 3&4 **Shake it left** Shake hips left-right-left (3&4)
- 5,6 **Step, lock** Step R forward diagonally right (7:30) (5), Lock step L behind R (6)
- &7&8 **& Step-lock-step** Step ball of R next to L (&), Step L forward diagonally left (4:30) (7), Lock step R behind L (&), Step L forward diagonally left (4:30) (8)
- R STEP FORWARD, TURN 1/4 LEFT, "C" HIP BUMPS RIGHT, L STEP FORWARD TURNING 1/4 LEFT,  
R STEP SIDE TURNING 1/4 LEFT, BEHIND-SIDE-CROSS
- 1,2 **Step, turn** Step R forward toward 6:00 (1), Pivot 1/4 left (3:00) lowering right knee slightly and leaning slightly right (2)
- &3&4 **& Up & down** [Keeping weight on R] Move hips left (&), Move hips right lifting right hip (3), Move hips left (&), Move hips right lowering right hip into "sitting" position (4)
- Styling: At same time as hips, swing R arm up to the right (&3) and down to the right (&4), making the letter "C"*
- 5,6 **Quarter, quarter** Step L forward turning 1/4 left (12:00) (5), Step R to right side turning 1/4 left (9:00) (6)
- 7&8 **Behind-side-cross** Step L behind R (7), Step R to right side (&), Step L across R (8)
- 1/2 MONTEREY RIGHT WITH R KICK, & L SIDE MAMBO, R DIAGONAL STEP FORWARD, L LOCK & L LOCKING TRIPLE FORWARD
- 1,2 **Touch, turn/kick** Touch R toe to right side (1), turn 1/2 right (3:00) kicking R forward (2)
- &3&4 **& Rock & step** Step R next to L (&), Rock ball of L to left side (3), Recover to R (&), Step L next to R (4)
- 5,6 **Step, lock** Step R forward diagonally right (4:30) (5), Lock step L behind R (6)
- &7&8 **& Step-lock-step** Step ball of R next to L (&), Step L forward squaring up to 3:00 (7), Lock step R behind L (&), Step L forward (8)
- SYNCPATED TOE TOUCHES TRAVELING BACK, HEEL BOUNCES X4 TURNING 1/2 RIGHT (WEIGHT ENDING BACK ON L)
- 1&2& **Touch & touch &** Touch R toe next to L heel (1), Step R back (&), Touch L toe forward (2), Step L next to R (&)
- 3&4 **Touch & touch** Touch R toe next to L heel (3), Step R back (&), Touch L toe forward (4)
- 5,6 **Bounce, bounce** Bounce heels turning 1/8 right (4:30) (5), Bounce heels turning 1/8 right (6:00) (6)
- 7,8 **Bounce, bounce** Bounce heels turning 1/8 right (7:30) (7), Bounce heels turning 1/8 right (9:00), weight ending back on L (8)
- Styling: On the heel bounces, add side-to-side upper body isolations or whatever feels "cool" here.*
- R KICK-CROSS-L SIDE ROCK, L KICK-CROSS-R SIDE ROCK, R CROSS, L BACK & L CROSS, TURN 1/4 LEFT, L TOUCH FORWARD
- 1&2& **Kick & rock &** Kick R forward (1), Step R across L (&), Rock L to left side (2), Recover to R (&)
- 3&4& **Kick & rock &** Kick L forward (3), Step L across R (&), Rock R to right side (4), Recover to L (&)
- 5,6 **Cross, back** Step R across L (5), Step L slightly back (6)
- &7&8 **& Cross-turn-touch** Step ball of R to right side (&), Step L across R (7), Turn 1/4 left (6:00) stepping R back (&), Touch L toe forward (8)
- L STEP FORWARD, PIVOT 1/2 LEFT BRINGING R FOOT UP IN FIGURE 4 POSITION, R COASTER STEP,  
L STEP FORWARD, RIGHT TAP BEHIND & LEFT TOUCH FORWARD, L HEEL FAN OUT-IN
- 1,2 **Step, lift turn** Step L forward (1), Lift R knee into figure 4 position (tuck R foot close to L calf muscle) turning 1/2 left (12:00) (2)
- 3&4 **Coaster step** Step ball of R back (3), Step ball of L next to R (&), Step R forward (4)
- 5,6 **Step, tap** Step L forward (5), Tap R toe behind L heel (6)
- &7&8 **& Touch, out-in** Step R back (&), Touch L toe forward (7), Turn L heel out to left side (&), Return L heel home (8)
- BODY ROLL FORWARD, BODY ROLL BACK, STEP FORWARD L-R, PIVOT 1/2 LEFT, BALL-STEP FORWARD
- 1,2 **Roll forward** 2-count body roll forward to L (1,2)
- 3,4 **Roll back** 2-count body roll backward to R (3,4)
- 5,6 **Walk, walk** Step L forward (5), Step R forward (6)
- 7&8 **Turn, ball-step** Pivot 1/2 left (6:00) (7), Step ball of R next to L (&), Step L forward (8)
- [ 8-COUNT TAG ] Performed after 1st and 3rd repetitions. Add shoulder shrugs to first 4 counts for attitude!
- 1,2 **Side, together** Step R to right side (1), Step L next to R (2)
- 3,4 **Side, touch** Step R to right side (3), Touch L next to R (4)
- 5,6 **Quarter, half** Turn 1/4 left stepping L forward (5), Turn 1/2 left stepping R back (6)
- 7,8 **Quarter, touch** Turn 1/4 left stepping L to left side (7), Touch R next to L (8)