

# L U V M E R I T E

**MUSIC:** Love Me Right (Oh Sheila) by Angel City feat. Lara McAllen (CD: Love Me Right); available as a legal download on iTunes and Amazon.co.uk. **SEQUENCE:** Begin on vocals, after 32 count intro.

**COUNTS**  
32/4

**LEVEL**  
BEG



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## R ROCKING CHAIR, WALK FORWARD, TOUCH

- |     |                     |  |
|-----|---------------------|--|
| 1,2 | <b>Forward rock</b> | Rock R ball of foot forward (1), Recover L (2) |
| 3,4 | <b>Back rock</b>    | Rock R ball of foot back (3), Recover L (4)    |
| 5,6 | <b>Right, left</b>  | Step R forward (5), Step L forward (6)         |
| 7,8 | <b>Right, touch</b> | Step R forward (7), Touch L next to R (8)      |

## L REVERSE ROCKING CHAIR, WALK BACK, TOUCH

- |     |                     |  |
|-----|---------------------|--|
| 1,2 | <b>Back rock</b>    | Rock L ball of foot back (1), Recover L (2)    |
| 3,4 | <b>Forward rock</b> | Rock L ball of foot forward (3), Recover L (4) |
| 5,6 | <b>Left, right</b>  | Step L back (5), Step R back (6)               |
| 7,8 | <b>Left, touch</b>  | Step L back (7), Touch R next to L (8)         |

## R SIDE STEP PULSING HIPS, L STEP TOGETHER, REPEAT

- |     |                       |  |
|-----|-----------------------|--|
| 1,2 | <b>Pulse hips</b>     | Step R to right side bending knees slightly and pulsing hips twice either forward or to right side (1-2) |
| 3,4 | <b>Together, hold</b> | Step L next to R straightening knees (3), Hold position (4)  |
| 5,6 | <b>Pulse hips</b>     | Step R to right side bending knees slightly and pulsing hips twice either forward or to right side (5-6) |
| 7,8 | <b>Together, hold</b> | Touch L next to R straightening knees (7), Hold position (8)   |

## L VINE TURNING 1/4 LEFT, STEP OUT-OUT, COUNTERCLOCKWISE HIP ROLL

- |     |                     |   |
|-----|---------------------|---|
| 1,2 | <b>Side, behind</b> | Step L to left side (1), Step R behind L (2)  |
| 3,4 | <b>Turn, touch</b>  | Turn 1/4 left ( <b>9:00</b> ) stepping L forward (3), Touch R next to L (4)                   |
| 5,6 | <b>Out, out</b>     | Step R out to right side (5), Step L out to left side (about shoulder-width apart from R) (6) |
| 7,8 | <b>Hip roll</b>     | Roll hips counterclockwise, weight ending on L (7-8)  |