

Flatt Out Dance

Choreographers: Bracken Ellis, brackenNCV@gmail.com; Junior Willis, Indncer@aol.com; John Robinson mrshowcase@gmail.com

Description: 2 Walls, 48 Counts; Tag after 2nd repetition; Restart after 32 counts during 5th repetition*

Music: "Dance" by Rascal Flatts (Album: Back to Us) 3:22, available on iTunes (USA), Amazon, Amazon.de, Amazon.co.uk

Intro: 24 counts

1-8 TOUCH, AND TOUCH, AND TOUCH, TWIST, TWIST, FORWARD ROCK, TRIPLE STEP (ONE AND A HALF TURNS)

1&2& Touch R forward; & Step R next to L; Touch L forward; & Step L next to R

3&4 Touch R forward; & Twist R heel out; Twist R heel to center

5-6 Rock R forward; Recover L in place

7&8 Turn half right [6:00] stepping R forward; & Turn half right [12:00] stepping L next to R; Turn half right [6:00] stepping R forward

9-16 WIZARD STEP, QUARTER WIZARD STEP, FORWARD ROCK, OUT OUT, BUMP BUMP

1,2& Step L forward; Lock R behind L; & Step L in place

3,4& Turn quarter right [9:00] stepping R forward; Lock L behind R; & Step R in place

5-6 Rock L forward; Recover R in place

&7&8 & Step L to left side; Place R to right side; & Bump hips right; Bump hips left (weight L)

17-24 SIDE, DRAG, BALL CROSS, SIDE, DROP AND ROLL, AND ROLL AND ROLL

1,2 Large step R to right side; Drag L toward R

&3,4 & Step ball of L slightly back; Step R across L; Step L to left side

5-6 Bend knees, dropping hips, and scooping hips left to right

&7&8 Scoop hips left to right twice, weight ending R

25-32 BALL CROSS SIDE, SAILOR STEP, SAILOR THREE-QUARTER TURN LEFT, WALK, WALK

&1,2 & Step ball of L slightly back; Step R across L; Step L to left side

3&4 Step R behind L; & Step L to left side; Step R to right side

5&6 Turn quarter left [6:00] stepping L behind right; & Turn quarter left [3:00] stepping R in place; Turn quarter left [12:00] stepping L forward

7-8 Walk R forward; Walk L forward

***Restart here during 5th repetition**

33-40 KICK, BALL STEP, BALL STEP, HITCH, BACK, TOUCH, QUARTER, TOUCH

For steps 1-6, angle hips to face 1:30, travel forward to 12:00

1&2 Kick R to forward right diagonal; & Step ball of R slightly behind L; Step L toward 12:00

&3,4 & Step ball of R slightly behind L; Step L toward 12:00; Hitch R next to L

5-6 Step R back toward 4:30; Touch L next to R

7-8 Turn quarter left [9:00] stepping L to left side; Touch R next to L

41-48 SIDE ROCK, SAILOR QUARTER RIGHT, STEP, HALF PIVOT, TRIPLE STEP (FULL TURN)

1-2 Rock R to right side; Recover L in place

3&4 Turn quarter right [12:00] stepping R behind L; Step L to left side; Step R to right side

5-6 Step L forward; Turn half right [6:00] transferring weight R

7&8 Turn half right [12:00] stepping L back; & Turn half right [6:00] stepping R next to L; Step L forward

TAG: After Wall 2, add these 4 counts, facing 12:00

1 Step R forward

2-3 Over two counts, smoothly roll body forward then transfer weight back to L

4 Touch R next to L

Note: Thank you very much to Linda Ellis for suggesting this track, and to Lu Rousch for suggesting the title of this dance.