

E Z B O M P

MUSIC: Who Put The Bomp? by The Overtones (CD: Saturday Night At The Movies); CD at Amazon.com, download at Amazon.co.uk. **SEQUENCE:** Begin 8 counts in after beat starts (counting every beat).

COUNTS
32/4

LEVEL
BEG



CALL OR TEXT : 609-314-0115 > WRITE : mrshowcase@gmail.com

HEEL PRESENTS, RUN R-L, CLAP TWICE

- | | | |
|-----|-------------------|---|
| 1,2 | Right heel | Tap R heel forward (1), Step R beside L (2) |
| 3,4 | Left heel | Tap L heel forward (3), Step L beside R (4) |
| 5,6 | Run, run | Step or stomp R forward (5), Step or stomp L beside R (6) |
| 7,8 | Clap, clap | Hold position/clap twice (7-8) |

HEEL PRESENTS, RUN R-L, CLAP TWICE

- | | | |
|-----|-------------------|---|
| 1,2 | Right heel | Tap R heel forward (1), Step R beside L (2) |
| 3,4 | Left heel | Tap L heel forward (3), Step L beside R (4) |
| 5,6 | Run, run | Step or stomp R forward (5), Step or stomp L beside R (6) |
| 7,8 | Clap, clap | Hold position/clap twice (7-8) |

STEP FORWARD, HOLD, PIVOT 1/4 LEFT, HOLD, CROSS, HOLD, STEP BACK, HOLD

- | | | |
|-----|--------------|---|
| 1,2 | Step | Step R forward (1), Hold position (2) |
| 3,4 | Turn | Turn 1/4 left (9:00) shifting weight L (3), Hold position (4) |
| 5,6 | Cross | Step R across L (5), Hold position (6) |
| 7,8 | Back | Step L back (7), Hold position (8) |

DIAGONAL STEP BACK, DRAG, BUMP HIPS L-R-L, HOLD

- | | | |
|-----|--------------------|---|
| 1,2 | Back | Step R diagonally back toward 1:30 (1), Start dragging L toward R (2) |
| 3,4 | Drag | Continue dragging L toward R (3), Finish dragging L toward R (4) |
| 5,6 | Left, right | Move hips left (5), Move hips right (6) |
| 7,8 | Left, hold | Move hips left taking weight L (7), Hold position (8) |

START AGAIN & ENJOY!